

Spiritual Journey Day

Goals of Spiritual Journey Day:

- To motivate the Catholic School teacher to continue to grow in his/her spiritual journey.
- To strengthen the teacher's understanding of Catholic doctrine and knowledge of the Gospel message so she/he may fulfil his/her role of evangelization.
- To continue developing community among the teachers by leading them to worship, prayer, and sharing.

Schedule for the Day:

Please work toward the following as you plan your Spiritual Journey Day:

- Mass (1/2 hour)
- Eucharistic Adoration/quiet prayer time with opportunity for Confessions (1/2 hour)
- Instruction in the content of the faith (4 hours)
- Lunch/community time (1 hour)

Resources for Instruction:

-Teach, Lead, Serve by Dynamic Catholic

The DVD and book set is free, and the books are \$8 each.

-My Catholic Faith Delivered: Your school is welcome to purchase a subscription and continue to complete modules in MCFD.

-Choose a topic and select a speaker to lead the retreat.

Possible topics include, but are not limited to:

O Evangelization o Prayer o Sacraments

O Morality o Vocations

O Apologetics (explaining why Catholics believe what they believe)

Please keep in mind the following guidelines:

1. Speakers should be a priest, religious, or have at least a master's degree or comparable coursework in theology.
2. Topics should be rigorous and relevant to the needs of your school.
3. Send an Event Approval Form, indicating that the event is for Spiritual Journey, to Don Fuller prior to the event occurring. No sign-in or evaluations are necessary.